



## Steel Valley Elementary Health Services Spring Update

May 2018

### Summer Safety

Whether you have young children or teens, follow these rules to keep your kids safe and healthy while they enjoy the summer fun!

- Master water safety- swim with a buddy
- Beat the heat and sun- drink plenty of water to stay hydrated and use sunscreen.
- Keep mosquitos and ticks from bugging you this summer by applying bug spray and avoiding areas that collect rainwater.
- Prevent injuries- wear a helmet while riding a bike

Please visit

<https://www.cdc.gov/family/kids/summer/index.htm> for more helpful tips.



Health Information for the summer

## Medication Pick Up at the End of the School Year

As the school year comes to an end, this is a reminder that if your child has medication at the school, it should be picked up by a parent/guardian by the last day of school. No medications will be sent home with students. If special arrangements need to be made, please contact Christie Barron RN-CSN at (412) 464-3600 Ext 4530 (Park) Ext 5530 (Barrett).



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# Preparing for the 2018-19 School Year

## Medication Administration During the School Day

Before any type of medicine (including over the counter) can be dispensed in school, we must have the appropriate forms signed by the physician and the parent. Medication **MUST** be furnished to school personnel in the pharmaceutical container bearing student identification and instructions for administration as indicated by the physician. Unlabeled medication will **NOT** be provided to the student. No medication will be administered until both forms have been returned. Please call the school nurse if your child requires medication at school to discuss details and obtain paper work at 412-464-3600 EXT 4530 (Park) EXT 5530 (Barrett). The fax numbers are 412- 464-3632 (Barrett) and 412-464- 3661.

### Required Exams to be turned into the Health Office

Physical Exams- Kindergarten or grade of original entry

Dental Exams- 1<sup>st</sup> and 3<sup>rd</sup> grade

## Student Health Needs

If you have any health concerns or your child requires scheduled nursing care throughout the school day, please contact the school nurse to set up time to discuss these concerns.

## New- Pennsylvania State Mandated Universal Blood Lead Level Testing Regulation

The Allegheny County Department of Health is requiring new Kindergarten student's to submit:

- ✓ Documentation from your physician that a Blood Lead Level Test was completed at 9-12 months and or 24 months of age. Children who are not tested before 24 months old should be tested before the age of 6 or entry into kindergarten, whichever is sooner. Also may be documented on physical exam by physician.
- ✓ Parent/Guardian's have the option to sign an exemption form when handing in immunizations.

## Immunizations Required to Enter Kindergarten and other Grade Levels in Elementary

- ✓ 4 doses of tetanus, diphtheria, and acellular pertussis (1 dose on or after 4<sup>th</sup> birthday)
  - ✓ 4 doses of polio (4<sup>th</sup> dose on or after 4<sup>th</sup> birthday)
  - ✓ 2 doses of measles, mumps & rubella
  - ✓ 3 doses of hepatitis B
  - ✓ 2 doses of varicella (chickenpox) or evidence of immunity
- Or Written Exemption from Parent or Guardian