



School Information:

ALL Students Free under CEP
Please note that all extras & a la carte are NOT part of the CEP, you will have to have money on your account to purchase those items.

Make sure your child eats breakfast. Breakfast provides children with the energy they need to listen and learn in school. There are many studies that have proven the importance of breakfast and how well your child does in school.

Be sure your family fuels up with a healthy breakfast everyday!



Monday

Tuesday

Wednesday

Thursday

Friday



Pick Any 2 Items

5

Yogurt or Graham Crackers or Cereal Bowl or Cereal Bar
Fruit & Fruit Juice Variety Milk

Pick One Item

6

Muffin Assortment
Or Pick Any 2 Items
Cereal Bowl or Cereal Bar
Fruit Variety Milk

Pick One Item

7

Breakfast Pizza
Or Pick Any 2 Items
Cereal Bowl or Cereal Bar
Fruit & Fruit Juice Variety Milk

Pick One Item

1

Mini Waffles/ syrup
Or Pick Any 2 Items
Cereal Bowl or Cereal Bar
Fruit Variety Milk

No School –

2

Teacher In-Service

Pick Any 2 Items

12

Yogurt or Graham Crackers or Cereal Bowl or Cereal Bar
Fruit & Fruit Juice Variety Milk

Pick One Item

13

Pop-Tart Variety
Or Pick Any 2 Items
Cereal Bowl or Cereal Bar
Fruit Variety Milk

Pick One Item

14

Pop-Tart Variety
Or Pick Any 2 Items
Cereal Bowl or Cereal Bar
Fruit Variety Milk

Pick One Item

15

Funnel Cake
Or Pick Any 2 Items
Cereal Bowl or Cereal Bar
Fruit & Fruit Juice Variety Milk

Pick Any 2 Items

16

Cinnamon Roll or Cereal Bowl or Cereal Bar
Fruit Variety Milk

Pick Any 2 Items

19

Yogurt or Graham Crackers or Cereal Bowl or Cereal Bar
Fruit & Fruit Juice Variety Milk

Pick One Item

20

Muffin Top Assortment
Or Pick Any 2 Items
Cereal Bowl or Cereal Bar
Fruit Variety Milk

Pick One Item

21

Breakfast Pizza Bagel
Or Pick Any 2 Items
Cereal Bowl or Cereal Bar
Fruit & Fruit Juice Variety Milk

Pick One Item

22

Sausage & Cheese Biscuits
Or Pick Any 2 Items
Cereal Bowl or Cereal Bar
Fruit Variety Milk

Pick One Item

23

Goodyring Donut
Or Pick Any 2 Items
Cereal Bowl or Cereal Bar
Fruit & Fruit Juice Variety Milk

Pick Any 2 Items

26

Yogurt or Graham Crackers or Cereal Bowl or Cereal Bar
Fruit & Fruit Juice Variety Milk

Pick One Item

27

Assorted Bread Slice
Or Pick Any 2 Items
Cereal Bowl or Cereal Bar
Fruit Variety Milk

Pick One Item

28

Pancake Sausage/stick
Or Pick Any 2 Items
Cereal Bowl or Cereal Bar
Fruit Variety Milk

