



#### School Information:

ALL Students Free under CEP  
Please note that all extras & a la carte are NOT part of the CEP, you will have to have money on your account to purchase those items.



Make sure your child eats breakfast. Breakfast provides children with the energy they need to listen and learn in school. There are many studies that have proven the importance of breakfast and how well your child does in school.

**Be sure your family fuels up with a healthy breakfast everyday!**

#### Monday



1

#### Pick Any 2 Items

Yogurt or Graham Crackers or Cereal Bowl or Cereal Bar

Fruit & Fruit Juice Variety Milk

2

#### Pick Any 2 Items

Yogurt or Graham Crackers or Cereal Bowl or Cereal Bar

Fruit & Fruit Juice Variety Milk

8

#### Pick One Item

Muffin Assortment  
**Or Pick Any 2 Items**  
Cereal Bowl or Cereal Bar

Fruit Variety Milk

9

#### No School –

**Martin Luther King Jr. Day**

15

#### Pick Any 2 Items

Yogurt or Graham Crackers or Cereal Bowl or Cereal Bar

Fruit & Fruit Juice Variety Milk

16

#### No School –

**Clerical Day**

22

#### Pick Any 2 Items

Yogurt or Graham Crackers or Cereal Bowl or Cereal Bar

Fruit & Fruit Juice Variety Milk

23

#### Pick Any 2 Items

Yogurt or Graham Crackers or Cereal Bowl or Cereal Bar

Fruit & Fruit Juice Variety Milk

29

#### Pick Any 2 Items

Muffin Top Variety or Cereal Bowl or Cereal Bar

Fruit Variety, Milk  
**No School – Middle School**

30

#### Wednesday

#### Pick One Item

Pancake Sausage/stick  
**Or Pick Any 2 Items**  
Cereal Bowl or Cereal Bar

Fruit Variety Milk

3

#### Pick One Item

Breakfast Pizza  
**Or Pick Any 2 Items**  
Cereal Bowl or Cereal Bar

Fruit & Fruit Juice Variety Milk

10

#### Pick One Item

Pancake Sausage/stick  
**Or Pick Any 2 Items**  
Cereal Bowl or Cereal Bar

Fruit Variety Milk

17

#### Pick One Item

Breakfast Pizza Bagel  
**Or Pick Any 2 Items**  
Cereal Bowl or Cereal Bar

Fruit & Fruit Juice Variety Milk

24

#### Pick One Item

Funnel Cake  
**Or Pick Any 2 Items**  
Cereal Bowl or Cereal Bar

Fruit & Fruit Juice Variety Milk

31

#### Thursday

#### Pick One Item

Assorted Bread Slice  
**Or Pick Any 2 Items**  
Cereal Bowl or Cereal Bar

Fruit Variety Milk

4

#### Pick One Item

Mini Pancakes/ syrup  
**Or Pick Any 2 Items**  
Cereal Bowl or Cereal Bar

Fruit Variety Milk

11

#### Pick One Item

Funnel Cake  
**Or Pick Any 2 Items**  
Cereal Bowl or Cereal Bar

Fruit & Fruit Juice Variety Milk

18

#### Pick One Item

Sausage & Cheese Biscuits  
**Or Pick Any 2 Items**  
Cereal Bowl or Cereal Bar

Fruit Variety Milk

25

#### Friday

#### Pick One Item

Mini Donuts  
**Or Pick Any 2 Items**  
Cereal Bowl or Cereal Bar

Fruit & Fruit Juice Variety Milk

5

#### Pick One Item

Pop Tart Variety  
**Or Pick Any 2 Items**  
Cereal Bowl or Cereal Bar

Fruit & Fruit Juice Variety Milk

12

#### Pick Any 2 Items

Cinnamon Roll or Cereal Bowl or Cereal Bar

Fruit Variety Milk

19

#### Pick One Item

Goodyring Donut  
**Or Pick Any 2 Items**  
Cereal Bowl or Cereal Bar

Fruit & Fruit Juice Variety Milk

26

