

## IS YOUR CHILD TOO SICK FOR SCHOOL?

**Please DO NOT send your child to school if any of the following signs or symptoms are present in the previous 24 hours:**

- \*Elevated temperature (100 degrees or greater)**
- \*Vomiting, nausea, or diarrhea, or severe abdominal pain**
- \* Repeated diarrhea**
- \*Pus-like drainage/discharge from nose or eyes**
- \*Red or inflamed eyes/lid**
- \*Undiagnosed rash**

There will be times when it is difficult to tell when your child is too sick to come to school. Sometimes there is worry that he or she will miss important schoolwork or not have perfect attendance. Like, adults, children have different tolerances for discomfort and illness. Even with the common cold, some children are able to function fine, while others are miserable. If your child is coughing continuously, he or she won't be able to concentrate and will disrupt and possibly expose others in the class. We encourage parents to keep children home for 24 hours after a fever and symptoms subside and without any medication being given to ensure that they are well enough to be in school. This eliminates exposure to others and allows the student to return to optimal wellness.

If your child has been sick with a cough lasting at least 2 weeks or a persistent illness, you should contact your child's doctor. Please help us keep our school healthy! Wash your hands frequently and encourage children to do the same!

Thank you for keeping our schools healthy!