

PSSA Performance Tips






There are several ways to get involved in your child's education and to help your child and your child's school succeed.

- ✓ Make sure your child comes to school every day, especially testing days.
- ✓ Work with your child's teachers to help find resources and provide insight and suggestions to help your child reach his or her fullest potential.
- ✓ Get involved with your child's education. Know what classes he or she is taking and help out with homework when needed.
- ✓ Stress the importance of education at home. Show how math and reading skills are important in everyday life, whether it's reading a good book, or calculating the sale price on a pair of shoes!

Limit the TV, computer, or video games to two hours per day (combined.)

The Pennsylvania System of School Assessment, also known as PSSA, measures how well students have achieved in reading, mathematics, science and writing according to Pennsylvania's world-class academic standards. By using these standards, educators, parents and administrators can evaluate their students' strengths and weaknesses to increase students' achievement scores. According to the federal No Child Left Behind Act, students must be 100% proficient in reading and math by 2014.

PSSA tips from the Department of Education:

-  Make sure your child gets enough sleep each night. Did you know that preteens and adolescents need between 8-10 hours of sleep each night?
-  Make sure your child eats a good breakfast. Few students (or adults!) work well on an empty stomach.
-  Talk about the test with your child. Make sure that he or she is not too nervous.
-  Encourage your child to listen to directions and read carefully.
-  Stress the importance of the test and encourage your child to do his or her best!

Access the PA Department of Education online at pde.state.pa.us